

November 1, 2021

Your 2022 SAMBA Standard Option Health Plan

Dear Standard Option Member,

We are pleased to inform you that the 2022 SAMBA Standard Option premium will decrease for Self Only and Self Plus One enrollment, with only a slight increase for Self and Family.

The Office of Personnel Management (OPM) advised that 2022 health plan premiums will increase by an average of 2.4% compared to SAMBA's decreases (and only 1% increase for family coverage).

The table shows the 2022 premiumⁱ for all enrollment codes, along with the difference in amounts from the 2021 premium.

2022 Standard Option Premium		
Type	Biweekly	Monthly
Self Only (code 444)	\$81.88 (-\$0.04)	\$177.41 (-\$0.09)
Self Plus One (code 446)	\$178.62 (-\$0.20)	\$387.01 (-\$0.44)
Self & Family (code 445)	\$186.36 (+ \$1.85)	\$403.78 (+ \$4.00)

Benefit Changes for 2022:

- **Telehealth Services Continued:** Our expanded telehealth coverage that was put in place due to the COVID-19 pandemic has become an official Plan benefit! All members will continue to enjoy benefit coverage for telehealth services offered by their PPO or Non-PPO providers. Regular cost sharing will apply based on the services you receive.
- **Fewer Prior Authorization Requirements:** SAMBA regularly reviews our list of services that require prior authorization to determine if those services still require that additional level of review. Beginning in 2022, the Plan will no longer require prior authorization for home nursing care, home infusion therapy, and certain musculoskeletal procedures.

The official 2022 Health Benefit Plan Brochure and the Summary of Benefits and Coverage (SBC) documents are available on our web site at SambaPlans.com. You may also request paper copies of either document by visiting our web site or calling us at (800) 638-6589.

SAMBA members will continue to have access to several excellent resources and interactive tools to improve their health and maintain a healthy lifestyle. We urge you to take advantage of the health and wellness programs SAMBA offers. Furthermore, as part of our commitment to promoting quality service, SAMBA takes part in the annual Consumer Assessment of Healthcare Providers and Systems (CAHPS®) Member Satisfaction Survey. SAMBA's 2021 CAHPS member survey results are available for review at [SambaPlans.com](https://www.sambaplans.com).

Your 2022 SAMBA ID cards will be mailed to you in late December. Should there be a delay in the mail, please note that your current ID card(s) will continue to be accepted by all medical providers and pharmacies.

As always, we pledge to you our best efforts to deliver the excellent benefits and services you have come to expect from SAMBA and 2022 will be no exception.

Sincerely,



Walter E. Wilson
Executive Director

Enclosures

This communication is a summary. For complete information on benefits, see the Plan's 2022 Federal brochure (RI 71-015). All benefits are subject to definitions, limitations, and exclusions set forth in the Federal brochure.

Required Notice of Summary of Benefits and Coverage

Availability of Summary Health Information: The Federal Employees Health Benefits (FEHB) Program offers numerous health benefits plans and coverage options. Choosing a health plan and coverage option is an important decision. To help you make an informed choice, each FEHB plan makes available online a Summary of Benefits and Coverage (SBC) about each of its health coverage options. The SBC summarizes important information in a standard format to help you compare plans and options. To learn more about the plans available under the FEHB Program, including SBCs for other FEHB plans, visit www.opm.gov/insure.

ⁱ Premium for Tribal employees are shown under the Monthly column. The amount shown is the maximum you will pay. Your Tribal employer may choose to contribute a higher portion of your premium. Please contact your Tribal Benefits Officer for exact rates.