

November 1, 2022

## Your 2023 SAMBA High Option Health Plan

Dear High Option Member,

We are pleased to inform you that, for the fifth year in a row, your SAMBA High Option premium is decreasing. In addition, your 2023 coverage has several new and enhanced benefits.

The table shows the 2023 premium<sup>i</sup> for all enrollment codes, along with the difference in your cost share from the 2022 premium.

Listed below are the benefit changes for 2023. We are excited to introduce a Medicare Advantage Plan offering an enhanced benefit opportunity for our members with Medicare Parts A and B coverage.

2023 High Option Premium		
Type	Biweekly	Monthly
<b>Self Only</b> (code 441)	<b>\$156.09</b> (-\$2.75)	<b>\$338.19</b> (-\$5.96)
<b>Self Plus One</b> (code 443)	<b>\$354.26</b> (-\$9.25)	<b>\$767.56</b> (-\$20.04)
<b>Self &amp; Family</b> (code 442)	<b>\$386.52</b> (-\$8.22)	<b>\$837.46</b> (-\$17.81)

### **Benefit Changes for 2023:**

- **Enhanced Benefit Opportunity (for annuitants):** The Plan will offer the UnitedHealthcare® Medicare Advantage (PPO) for the SAMBA Health Benefit Plan. Voluntary enrollment will be available to individuals who have both Medicare Part A and Medicare Part B primary coverage. Members may opt-in and out throughout the year. Enhanced benefits include a \$100 monthly subsidy towards your Medicare Part B premium, dental and vision benefits, free gym membership, and much more.
- **Adolescent Mental Health Care:** The Plan will expand our Teladoc Health provider network to include practitioners that provide mental health treatment for adolescents (ages 13 - 17).
- **Prior Authorization Requirements:** The Plan will no longer require prior authorization for intensive outpatient program treatment for mental health or substance use disorder.
- **Iatrogenic Infertility Coverage:** The Plan will add coverage for standard fertility preservation procedures for individuals facing anticipated infertility resulting from chemotherapy or other covered medical procedures expected to result in permanent infertility. Benefits are limited to \$1,000 per person, per calendar year/\$5,000 per lifetime. Prior authorization is required.

- **Step Therapy Program:** The Plan will expand our Step Therapy Program to include additional medications within certain therapeutic categories (current users will be grandfathered).
- **Prior Authorization (drug) Rules:** The Plan will expand the list of prescription medications that require prior authorization (current users will be grandfathered).

The official 2023 Health Benefit Plan Brochure and the Summary of Benefits and Coverage (SBC) documents are available to view and download on our web site ([www.SambaPlans.com](http://www.SambaPlans.com)). You may also request paper copies of these documents by calling us at (800) 638-6589.

SAMBA members will continue to have access to several excellent resources and interactive tools to improve their health and maintain a healthy lifestyle. We urge you to take advantage of the health and wellness programs SAMBA offers.

**Your 2023 SAMBA ID cards will be mailed to you in late December.** Should there be a delay in the mail, please note that your current ID card(s) will continue to be accepted by all medical providers and pharmacies.

As always, we pledge to you our best efforts to deliver the excellent benefits and services you have come to expect from SAMBA and 2023 will be no exception.

Sincerely,



Walter E. Wilson  
Executive Director

Enclosures

This communication is a summary. For complete information on benefits, see the Plan's 2023 Federal brochure (RI 71-015). All benefits are subject to definitions, limitations, and exclusions set forth in the Federal brochure.

#### **Required Notice of Summary of Benefits and Coverage**

Availability of Summary Health Information: The Federal Employees Health Benefits (FEHB) Program offers numerous health benefits plans and coverage options. Choosing a health plan and coverage option is an important decision. To help you make an informed choice, each FEHB plan makes available online a Summary of Benefits and Coverage (SBC) about each of its health coverage options. The SBC summarizes important information in a standard format to help you compare plans and options. To learn more about the plans available under the FEHB Program, including SBCs for other FEHB plans, visit [www.opm.gov/insure](http://www.opm.gov/insure).

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<sup>i</sup> Premium for Tribal employees are shown under the Monthly column. The amount shown is the maximum you will pay. Your Tribal employer may choose to contribute a higher portion of your premium. Please contact your Tribal Benefits Officer for exact rates.