



2019 Standard Option Health Plan

Protecting Federal Employees, Annuitants
and Their Families for Over 70 Years.





Available to all federal employees and annuitants

For 70 years, SAMBA has been protecting federal employees, annuitants, and their families. Established in 1948 - SAMBA is a not-for-profit employee benefit association that was formed by FBI Special Agents to obtain the benefit of group insurance plans for its members. SAMBA was one of the original plans in the Federal Employees Health Benefits Program when it began in 1960. Previously limited to FBI, Secret Service and other federal law enforcement agencies, today **SAMBA Plans are available to all federal employees and annuitants.**

Want to know more about SAMBA?

Check out our website, www.SambaPlans.com, for details or give us a call at 1.800.638.6589. Our friendly staff is available to answer your questions.

2019 Standard Option Health Plan



\$30
Office Visits
(including specialists)



\$15
Teladoc® Telehealth Services



100%
Well Child Visits



100%
Annual Physicals



100%
Routine Immunizations



100%
**LabCorp and Quest
Lab Services**

SAMBA's Standard Option Includes

Cigna's Nationwide Provider Network
Visit SambaPlans.com to locate a provider

The freedom to choose any provider
No referrals are needed

Worldwide coverage
You are covered when you travel

Free Health & Wellness Programs

 **Your Health First Program** – Professional support and online tools to help manage a chronic health condition

Healthy Steps to Weight LossSM – Lose weight and improve your health through this personalized weight loss program 

 **24/7 Nurseline** – A nurse is available to answer your questions any time, day or night

Healthy Pregnancies, Healthy Babies[®] Program – Help for you and your baby to stay healthy during your pregnancy and following your baby's birth 

And Much More!

Visit SAMBA's Website
Our Web Tools provide you with a wealth of information:

- Find a Cigna doctor, hospital, and other providers
- Take a personal health assessment
- Review your medical and prescription drug claim history
- Determine your prescription copays and refill your mail order prescriptions
- Get the latest information about SAMBA



2019 Standard Option Benefits

MEDICAL BENEFITS	STANDARD OPTION* YOU PAY	WITH MEDICARE A&B YOU PAY
PHYSICIAN CARE		
Family Physicians	\$30 per office visit	Nothing
Specialists	\$30 per office visit	Nothing
Well-Child Visits	Nothing	Nothing
Annual Physicals	Nothing	Nothing
Adult/Child Immunizations	Nothing	Nothing
Teladoc® Telehealth Services	\$15 per telehealth service	Regular Plan Benefits
HOSPITAL CARE		
Inpatient	\$200 per confinement, 20% for ancillary services	Nothing
Outpatient	20%	Nothing
MATERNITY		
Hospital	Nothing	Nothing
Obstetrical Care	Nothing	Nothing
OTHER BENEFITS		
Cancer Screenings	Nothing	Nothing
Surgery	20%	Nothing
Laboratory Services	Nothing at LabCorp or Quest Diagnostics	Nothing
Accidental Injury Care	Nothing (within 24 hours)	Nothing
Calendar Year Deductible	\$350 per person	None

*Out-of-network benefits are available, see the **2019 SAMBA Health Benefit Plan** brochure (RI 71-015)

This is a summary of the SAMBA Health Benefit Plan. For complete information on benefits, see the Plan's 2019 Federal brochure (RI 71-015). All benefits are subject to definitions, limitations, and exclusions set forth in the Federal brochure.

Offering the



Network Nationwide

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SAMBA's Prescription Drug Program includes

Pharmacy Network

SAMBA's prescription drug program is managed by Express Scripts, a leading nationwide Pharmacy Benefit Manager.

Through the Express Scripts pharmacy network, you have access to over 69,000 pharmacies nationwide.

Retail Purchases

Picking up your prescription at a neighborhood pharmacy has never been easier. Obtain up to a 30-day supply and one refill through any pharmacy in the Express Scripts network.

If you are taking maintenance or long-term medications, you can purchase up to a 90-day supply at a participating **Smart90® retail pharmacy** and pay only the applicable mail order copayment or coinsurance.

Mail Order Purchases

You can skip the trip to the pharmacy and purchase up to a 90-day supply of your covered maintenance medications through the Express Scripts Mail Service.

Prescriptions are delivered right to your door with the option to request automatic refills - making it easy and convenient to get your needed medications.

Specialty Drugs

These medications are typically used to treat chronic complex conditions and are generally not available at a retail pharmacy.

Through Accredo, the Express Scripts specialty pharmacy, prescriptions for these drugs will be delivered promptly to your house or doctor's office.

Web Site Tools

Visit **SambaPlans.com** to find valuable information and tools to assist you with your prescription drug purchases.

- Locate a convenient network pharmacy including Smart90® retail pharmacies
- Estimate your out of pocket costs
- Review a list of preferred medications

2019 Standard Option Prescription Benefits

PRESCRIPTION BENEFITS	YOU PAY
30-DAY SUPPLY (at a Retail Pharmacy)	
Generic	\$12
Preferred Brand Name	35% (\$150 maximum)
Non-Preferred Brand Name	50% (\$300 maximum)
90-DAY SUPPLY (Smart90® Retail Pharmacy or Home Delivery)	
Generic	\$20
Preferred Brand Name	35% (\$300 maximum)
Non-Preferred Brand Name	50% (\$600 maximum)
SPECIALTY DRUGS (30-Day Supply)	
Generic	35% (\$240 maximum)
Preferred Specialty	35% (\$240 maximum)
Non-Preferred Specialty	50% (\$480 maximum)

This is a summary of the **SAMBA Health Benefit Plan**. For complete information on benefits, see the Plan's 2019 Federal brochure (RI 71-015). All benefits are subject to definitions, limitations, and exclusions set forth in the Federal brochure.

For retail purchases made at an out-of-Network pharmacy, you pay the same copayments listed above plus the difference in cost had you used an in-Network pharmacy.



Visit SambaPlans.com
to view or download the
official **2019 SAMBA Health
Benefit Plan** Brochure

2019 Standard Option

PREMIUMS		
Enrollment Code	Biweekly	Monthly
Self Only (code 444)	\$86.85	\$188.18
Self Plus One (code 446)	\$205.22	\$444.64
Self & Family (code 445)	\$203.88	\$441.74

These rates do not apply to all enrollees. If you are in a special enrollment category, (such as postal employees) please contact the agency which maintains your health benefits enrollment.



Celebrating our 70th Year!

For more information or to learn about our **Dental & Vision, Life Insurance,** and **Long Term Disability** plans, please contact us.

By Mail:

SAMBA Health Benefit Plan
11301 Old Georgetown Road
Rockville, MD 20852-2800

By Secure Email:

www.SambaPlans.com/contact-us/

By Phone:

Customer Service
8 a.m. to 5 p.m. EST
1.800.638.6589