



Health Plan

2023 STANDARD OPTION



***Great* Benefits.**
***Low* Premiums.**



Available to all federal employees and annuitants

Since 1948, SAMBA has been serving federal employees, annuitants, and their families. SAMBA is a not-for-profit employee benefit association that was established by FBI Special Agents to obtain the benefit of group insurance plans for its members. SAMBA was one of the original plans in the Federal Employees Health Benefits Program when it began in 1960. Previously limited to FBI, Secret Service and other federal law enforcement agencies, today **SAMBA Plans are available to all federal employees and annuitants.**

Want to know more about SAMBA?

Check out our website, www.SambaPlans.com, for details or give us a call at 1.800.638.6589. Our friendly staff is available to answer your questions.

Health Plan Accredited by



SAMBA is accredited by the Accreditation Association for Ambulatory Health Care (AAAHC).



2023 Standard Option Health Plan



\$20 Copay
Primary Care Office Visits
Including Telehealth



No Cost
**Annual Physicals and
Cancer Screenings**



\$30 Copay
Specialists Office Visits
Including Telehealth



No Cost
Routine Immunizations



No Cost
Teladoc® Telehealth Services
For first 2 visits



No Cost
**Lab Tests with LabCorp
and Quest Diagnostics**



No Cost
Well Child Visits



No Cost
Maternity Care



New for 2023

For SAMBA annuitants with Medicare Parts A and B primary coverage, we now offer an Enhanced Benefit Opportunity through the UnitedHealthcare Medicare Advantage (PPO) for the SAMBA Health Benefit Plan. Enrollment is voluntary and provides access to enhanced benefits plus a \$75 monthly Medicare Part B premium subsidy.



SAMBA's Standard Option Includes

**Cigna's
Nationwide
Provider
Network**

**Choose any
provider**
No referrals needed

**Worldwide
coverage**
You are covered
outside the U.S.

Free Health & Wellness Programs



Your Health First – Professional support and online tools to help manage a chronic health condition



Weight Management – Improve your health through our personalized weight loss programs



24/7 Nurseline – A nurse is available any time, day or night



Healthy Pregnancies, Healthy Babies® – Stay healthy during your pregnancy and following your baby's birth

And Much More!

Visit **SAMBA's Website**

Our Web Tools provide you with a wealth of information:

- Find a Cigna doctor, hospital, or other providers
- Take a personal health assessment (and receive a \$25 deductible credit)
- Review your medical and prescription claim history
- Price your medication





2023 Standard Option Benefits

MEDICAL BENEFITS	IN NETWORK* YOU PAY	WITH MEDICARE A&B YOU PAY
PHYSICIAN CARE		
Primary Care [#] Physicians	\$20 per office visit	Nothing
Specialists	\$30 per office visit	Nothing
Well-Child Visits	Nothing	Nothing
Annual Physicals	Nothing	Nothing
Adult/Child Immunizations	Nothing	Nothing
Teladoc [®] Telehealth Services	Nothing for first 2 visits	Nothing for first 2 visits
HOSPITAL CARE		
Inpatient	\$200 per admission, 20% for other services	Nothing
Outpatient	20%	Nothing
MATERNITY		
Hospital	Nothing	Nothing
Obstetrical Care	Nothing	Nothing
OTHER BENEFITS		
Cancer Screenings	Nothing	Nothing
Surgery	20%	Nothing
Laboratory Services	Nothing at LabCorp or Quest Diagnostics	Nothing
Accidental Injury Care	Nothing (within 24 hours)	Nothing
Calendar Year Deductible	\$350 per person	No deductible

*Out-of-network benefits are available

[#] Family practice, general practice, internal medicine, pediatrics, obstetrics/gynecology, or geriatrics.

This is a summary of the **SAMBA Health Benefit Plan**. For complete information on benefits, see the Plan's 2023 Federal brochure (RI 71-015). All benefits are subject to definitions, limitations, and exclusions set forth in the Federal brochure.

Offering the



Network Nationwide

Visit SambaPlans.com to view or download the official 2023 SAMBA Health Benefit Plan Brochure.

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SAMBA's Prescription Drug Benefits Include

Pharmacy Network

SAMBA's prescription drug program is managed by Express Scripts, a leading nationwide pharmacy benefit manager.

Through the Express Scripts pharmacy network, you have access to over 62,000 pharmacies nationwide.

Retail Purchases

Picking up your prescription at a neighborhood pharmacy has never been easier. Obtain a 30-day supply and one refill through any pharmacy in the Express Scripts network.

If you are taking maintenance or long-term medications, you can purchase a 90-day supply at a participating **Express Scripts Smart90® retail pharmacy**.

Mail Order Purchases

You can skip the trip to the pharmacy and purchase a 90-day supply of your maintenance medications through the Express Scripts Mail Service.

Prescriptions are delivered right to your door with the option to request automatic refills - making it easy and convenient to get your needed medications.

Specialty Drugs

These medications are typically used to treat chronic complex conditions and are generally not available at a retail pharmacy.

These drugs will be delivered promptly to your house or doctor's office by Accredo, your exclusive specialty pharmacy.

Web Site Tools

Visit **SambaPlans.com** to find valuable information and tools to assist you with your prescription drug purchases.

- Locate a convenient network pharmacy including Express Scripts Smart90® retail pharmacies
- Estimate your out of pocket costs
- Review a list of preferred medications



2023 Standard Option Prescription Benefits

PRESCRIPTION BENEFITS	YOU PAY	WITH MEDICARE A&B YOU PAY
30-DAY SUPPLY (at a Retail Pharmacy)		
Generic	\$12	\$7
Preferred Brand Name	35% (\$150 maximum)	30% (\$150 maximum)
Non-Preferred Brand Name	50% (\$300 maximum)	50% (\$300 maximum)
90-DAY SUPPLY (Smart90® Retail Pharmacy or Home Delivery)		
Generic	\$20	\$15
Preferred Brand Name	35% (\$300 maximum)	30% (\$300 maximum)
Non-Preferred Brand Name	50% (\$400 maximum)	50% (\$400 maximum)
SPECIALTY DRUGS (30-Day Supply)		
Generic	35% (\$240 maximum)	35% (\$240 maximum)
Preferred Specialty	35% (\$240 maximum)	35% (\$240 maximum)
Non-Preferred Specialty	50% (\$480 maximum)	50% (\$480 maximum)

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EXPRESS SCRIPTS®

Visit SambaPlans.com
to locate Express Scripts retail
and Smart90® pharmacies



2023 Standard Option

PREMIUMS		
Enrollment Code	Biweekly	Monthly
Self Only (code 444)	\$84.13	\$182.29
Self Plus One (code 446)	\$181.08	\$392.35
Self & Family (code 445)	\$191.95	\$415.89



Since 1948

**Check out SAMBA's other plans. Dental & Vision, Life Insurance,
Personal Accident Insurance, and Long Term Disability.**

Visit www.SambaPlans.com.

By Mail:

SAMBA Health Benefit Plan
11301 Old Georgetown Road
Rockville, MD 20852-2800

By Secure Email:

www.SambaPlans.com/contact-us/

By Phone:

Customer Service
8 a.m. to 5 p.m. ET
1.800.638.6589