

# Health Plan 2022 STANDARD OPTION

Great Benefits. Low Premiums.





## Available to all federal employees and annuitants

Since 1948, SAMBA has been serving federal employees, annuitants, and their families. SAMBA is a not-for-profit employee benefit association that was established by FBI Special Agents to obtain the benefit of group insurance plans for its members. SAMBA was one of the original plans in the Federal Employees Health Benefits Program when it began in 1960. Previously limited to FBI, Secret Service and other federal law enforcement agencies, today **SAMBA Plans are available to all federal employees and annuitants**.

#### Want to know more about SAMBA?

Check out our website, www.SambaPlans.com, for details or give us a call at 1.800.638.6589. Our friendly staff is available to answer your questions.

Health Plan Accredited by



SAMBA is accredited by the Accreditation Association for Ambulatory Health Care (AAAHC).



## **2022 Standard Option Health Plan**







**\$30 Copay** Specialists Office Visits



No Cost Annual Physicals and Cancer Screenings



No Cost Routine Immunizations



**No Cost Teladoc® Telehealth Services** For first 2 visits



**No Cost** Lab Tests with LabCorp and Quest Diagnostics



No Cost Well Child Visits



No Cost Maternity Care



#### New Benefit for 2022

Our expanded telehealth coverage has become a Plan benefit! Members will continue to enjoy telehealth services offered by their PPO or Non-PPO providers. Regular cost sharing will apply based on the services you receive.



### **SAMBA's Standard Option Includes**

Cigna's Nationwide Provider Network

Choose any provider No referrals needed

Worldwide coverage You are covered outside the U.S.

#### Free Health & Wellness Programs



Your Health First – Professional support and online tools to help manage a chronic health condition

Weight Management – Improve your health through this personalized weight loss program





**24/7 Nurseline** - A nurse is available any time, day or night

Healthy Pregnancies, Healthy Babies<sup>®</sup> – Stay healthy during your pregnancy and following your baby's birth



**And Much More!** 

#### Visit SAMBA's Website

Our Web Tools provide you with a wealth of information:

- Find a Cigna doctor, hospital, or other providers
- Take a personal health assessment
- Review your medical and prescription claim history
- Price your medication





## **2022 Standard Option Benefits**

MEDICAL BENEFITS	IN NETWORK* YOU PAY	WITH MEDICARE A&B YOU PAY		
PHYSICIAN CARE				
Primary Care <sup>#</sup> Physicians	\$20 per office visit	Nothing		
Specialists	\$30 per office visit	Nothing		
Well-Child Visits	Nothing	Nothing		
Annual Physicals	Nothing	Nothing		
Adult/Child Immunizations	Nothing	Nothing		
Teladoc <sup>®</sup> Telehealth Services	Nothing for first 2 visits	Nothing for first 2 visits		
HOSPITAL CARE				
Inpatient	\$200 per admission, 20% for other services	Nothing		
Outpatient	20%	Nothing		
MATERNITY				
Hospital	Nothing	Nothing		
Obstetrical Care	Nothing	Nothing		
OTHER BENEFITS				
Cancer Screenings	Nothing	Nothing		
Surgery	20%	Nothing		
Laboratory Services	Nothing at LabCorp or Quest Diagnostics	Nothing		
Accidental Injury Care	Nothing (within 24 hours)	Nothing		
Calendar Year Deductible	\$350 per person	No deductible		
*Out-of-network benefits are available				

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# Family practice, general practice, internal medicine, pediatrics, obstetrics/gynecology, or geriatrics.

This is a summary of the **SAMBA Health Benefit Plan**. For complete information on benefits, see the Plan's 2022 Federal brochure (RI 71-015). All benefits are subject to definitions, limitations, and exclusions set forth in the Federal brochure.

Offering the



## Visit **SambaPlans.com** to view or download the official 2022 SAMBA Health Benefit Plan Brochure.

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## SAMBA's Prescription Drug Benefits Include

Pharmacy Network	SAMBA's prescription drug program is managed by Express Scripts, a leading nationwide pharmacy benefit manager. Through the Express Scripts pharmacy network, you have access to over 63,000 pharmacies nationwide.	
Retail Purchases	Picking up your prescription at a neighborhood pharmacy has never been easier. Obtain a 30-day supply and one refill through any pharmacy in the Express Scripts network. If you are taking maintenance or long-term medications, you can purchase a 90-day supply at a participating <b>Express Scripts Smart90</b> <sup>®</sup> <b>retail pharmacy</b> .	
Mail Order Purchases	You can skip the trip to the pharmacy and purchase a 90-day supply of your maintenance medications through the Express Scripts Mail Service. Prescriptions are delivered right to your door with the option to request automatic refills – making it easy and convenient to get your needed medications.	
Specialty Drugs	These medications are typically used to treat chronic complex conditions and are generally not available at a retail pharmacy. These drugs will be delivered promptly to your house or doctor's office by Accredo, your exclusive specialty pharmacy.	
Web Site Tools	<ul> <li>Visit SambaPlans.com to find valuable information and tools to assist you with your prescription drug purchases.</li> <li>Locate a convenient network pharmacy including Express Scripts Smart90<sup>®</sup> retail pharmacies</li> <li>Estimate your out of pocket costs</li> <li>Review a list of preferred medications</li> </ul>	



## 2022 Standard Option Prescription Benefits

PRESCRIPTION BENEFITS	YOU PAY	WITH MEDICARE A&B YOU PAY		
<b>30-DAY SUPPLY</b> (at a Retail Pharmacy)				
Generic	\$12	\$7		
Preferred Brand Name	35% (\$150 maximum)	30% (\$150 maximum)		
Non-Preferred Brand Name	50% (\$300 maximum)	50% (\$300 maximum)		
<b>90-DAY SUPPLY</b> (Smart90® Retail Pharmacy or Home Delivery)				
Generic	\$20	\$15		
Preferred Brand Name	35% (\$300 maximum)	30% (\$300 maximum)		
Non-Preferred Brand Name	50% (\$400 maximum)	50% (\$400 maximum)		
<b>SPECIALTY DRUGS</b> (30-Day Supply)				
Generic	35% (\$240 maximum)	35% (\$240 maximum)		
Preferred Specialty	35% (\$240 maximum)	35% (\$240 maximum)		
Non-Preferred Specialty	50% (\$480 maximum)	50% (\$480 maximum)		

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EXPRESS SCRIPTS®

Visit SambaPlans.com to locate Express Scripts retail and Smart90® pharmacies



## **2022 Standard Option**

PREMIUMS			
Enrollment Code	Biweekly	Monthly	
Self Only (code 444)	\$81.88	\$177.41	
Self Plus One (code 446)	\$178.62	\$387.01	
Self & Family (code 445)	\$186.36	\$403.78	



#### Since 1948

Check out SAMBA's other plans. Dental & Vision, Life Insurance, and Long Term Disability. Visit www.SambaPlans.com.

#### By Mail:

SAMBA Health Benefit Plan 11301 Old Georgetown Road Rockville, MD 20852-2800 By Secure Email: www.SambaPlans.com/contact-us/

#### **By Phone:** Customer Service 8 a.m. to 5 p.m. ET 1.800.638.6589