



# 2020 STANDARD OPTION HEALTH PLAN

**GREAT BENEFITS  
LOW PREMIUMS**



## Available to all federal employees and annuitants

Since 1948, SAMBA has been serving federal employees, annuitants, and their families. SAMBA is a not-for-profit employee benefit association that was established by FBI Special Agents to obtain the benefit of group insurance plans for its members. SAMBA was one of the original plans in the Federal Employees Health Benefits Program when it began in 1960. Previously limited to FBI, Secret Service and other federal law enforcement agencies, today **SAMBA Plans are available to all federal employees and annuitants.**

## Want to know more about SAMBA?

Check out our website, [www.SambaPlans.com](http://www.SambaPlans.com), for details or give us a call at 1.800.638.6589. Our friendly staff is available to answer your questions.

# 2020 Standard Option Health Plan



**\$20 Copay**

Primary Care Office Visits



**\$30 Copay**

Specialists Office Visits



**No Cost**

Teladoc® Telehealth Services

For first 2 visits



**No Cost**

Well Child Visits



**No Cost**

Annual Physicals and Cancer Screenings



**No Cost**

Routine Immunizations



**No Cost**

With LabCorp and Quest

# SAMBA's Standard Option Includes

## Cigna's Nationwide Provider Network

## Choose any provider

No referrals needed

## Worldwide coverage

You are covered  
when you travel

## Free Health & Wellness Programs



**Your Health First** – Professional support and online tools to help manage a chronic health condition

**Weight Management** – Improve your health through this personalized weight loss program



**24/7 Nurseline** – A nurse is available any time, day or night

**Healthy Pregnancies, Healthy Babies®** – Stay healthy during your pregnancy and following your baby's birth

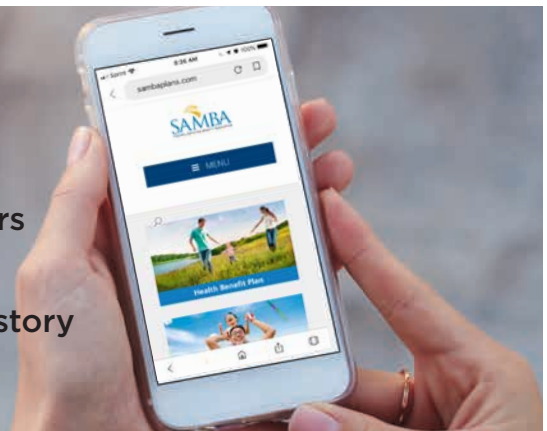


**And Much More!**

## Visit SAMBA's Website

Our Web Tools provide you with a wealth of information:

- Find a Cigna doctor, hospital, or other providers
- Take a personal health assessment
- Review your medical and prescription claim history
- Price your medication



# 2020 Standard Option Benefits

MEDICAL BENEFITS	IN NETWORK* YOU PAY	WITH MEDICARE A&B YOU PAY
<b>PHYSICIAN CARE</b>		
Primary Care <sup>#</sup> Physicians	\$20 per office visit	Nothing
Specialists	\$30 per office visit	Nothing
Well-Child Visits	Nothing	Nothing
Annual Physicals	Nothing	Nothing
Adult/Child Immunizations	Nothing	Nothing
Teladoc <sup>®</sup> Telehealth Services	Nothing for first 2 visits	Nothing for first 2 visits
<b>HOSPITAL CARE</b>		
Inpatient	\$200 per admission, 20% for other services	Nothing
Outpatient	20%	Nothing
<b>MATERNITY</b>		
Hospital	Nothing	Nothing
Obstetrical Care	Nothing	Nothing
<b>OTHER BENEFITS</b>		
Cancer Screenings	Nothing	Nothing
Surgery	20%	Nothing
Laboratory Services	Nothing at LabCorp or Quest Diagnostics	Nothing
Accidental Injury Care	Nothing (within 24 hours)	Nothing
Calendar Year Deductible	\$350 per person	No deductible

\*Out-of-network benefits are available

<sup>#</sup> Family practice, general practice, internal medicine, pediatrics, obstetrics/gynecology, or geriatrics.

This is a summary of the **SAMBA Health Benefit Plan**. For complete information on benefits, see the Plan's 2020 Federal brochure (RI 71-015). All benefits are subject to definitions, limitations, and exclusions set forth in the Federal brochure.

Visit [SambaPlans.com](https://SambaPlans.com) to view or download the official  
2020 SAMBA Health Benefit Plan Brochure.

Offering the



Network Nationwide

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# SAMBA's Prescription Drug Benefits includes

<b>Pharmacy Network</b>	<p>SAMBA's prescription drug program is managed by Express Scripts, a leading nationwide pharmacy benefit manager.</p> <p>Through the Express Scripts pharmacy network, you have access to over 69,000 pharmacies nationwide.</p>
<b>Retail Purchases</b>	<p>Picking up your prescription at a neighborhood pharmacy has never been easier. Obtain a 30-day supply and one refill through any pharmacy in the Express Scripts network.</p> <p>If you are taking maintenance or long-term medications, you can purchase a 90-day supply at a participating <b>Express Scripts Smart90® retail pharmacy</b>.</p>
<b>Mail Order Purchases</b>	<p>You can skip the trip to the pharmacy and purchase a 90-day supply of your maintenance medications through the Express Scripts Mail Service.</p> <p>Prescriptions are delivered right to your door with the option to request automatic refills - making it easy and convenient to get your needed medications.</p>
<b>Specialty Drugs</b>	<p>These medications are typically used to treat chronic complex conditions and are generally not available at a retail pharmacy.</p> <p>These drugs will be delivered promptly to your house or doctor's office.</p>
<b>Web Site Tools</b>	<p>Visit <b>SambaPlans.com</b> to find valuable information and tools to assist you with your prescription drug purchases.</p> <ul style="list-style-type: none"><li>• Locate a convenient network pharmacy including Express Scripts Smart90® retail pharmacies</li><li>• Estimate your out of pocket costs</li><li>• Review a list of preferred medications</li></ul>

# 2020 Standard Option Prescription Benefits

PRESCRIPTION BENEFITS	YOU PAY	WITH MEDICARE A&B YOU PAY
<b>30-DAY SUPPLY</b> (at a Retail Pharmacy)		
Generic	\$12	\$7
Preferred Brand Name	35% (\$150 maximum)	30% (\$150 maximum)
Non-Preferred Brand Name	50% (\$300 maximum)	50% (\$300 maximum)
<b>90-DAY SUPPLY</b> (Smart90® Retail Pharmacy or Home Delivery)		
Generic	\$20	\$15
Preferred Brand Name	35% (\$300 maximum)	30% (\$300 maximum)
Non-Preferred Brand Name	50% (\$600 maximum)	50% (\$600 maximum)
<b>SPECIALTY DRUGS</b> (30-Day Supply)		
Generic	35% (\$240 maximum)	35% (\$240 maximum)
Preferred Specialty	35% (\$240 maximum)	35% (\$240 maximum)
Non-Preferred Specialty	50% (\$480 maximum)	50% (\$480 maximum)

This is a summary of the **SAMBA Health Benefit Plan**. For complete information on benefits, see the Plan's 2020 Federal brochure (RI 71-015). All benefits are subject to definitions, limitations, and exclusions set forth in the Federal brochure.



EXPRESS SCRIPTS®

Visit [SambaPlans.com](https://www.SambaPlans.com)  
to locate Express Scripts retail  
and Smart90® pharmacies

# 2020 Standard Option

PREMIUMS		
Enrollment Code	Biweekly	Monthly
Self Only (code 444)	\$78.52	\$170.13
Self Plus One (code 446)	\$171.88	\$372.41
Self & Family (code 445)	\$179.14	\$388.14

These rates do not apply to all enrollees. If you are in a special enrollment category, (such as postal employees) please contact the agency which maintains your health benefits enrollment.



*Since 1948*

**Check out SAMBA's Dental & Vision, Life Insurance, and Long Term Disability plans at [www.SambaPlans.com](http://www.SambaPlans.com).**

**By Mail:**

SAMBA Health Benefit Plan  
11301 Old Georgetown Road  
Rockville, MD 20852-2800

**By Secure Email:**

[www.SambaPlans.com/contact-us/](http://www.SambaPlans.com/contact-us/)

**By Phone:**

Customer Service  
8 a.m. to 5 p.m. ET  
1.800.638.6589